

FIVE LECTURES BOOKED
HERE DURING NOVEMBER

**Speakers to Deliver Addresses
Under Auspices of Coun-
cil of Jewish Women.**

Beginning on November 21, and continuing at stated intervals until March 20, 1922, a series of lectures will be given in this city under the

to be given in this city under the auspices of the Richmond Council of Jewish Women. Each lecture is designed to appeal to all Richmonders, and the reputation of the lecturer in each instance is sufficient to attract. All lectures are to be held at John Marshall High School, beginning

At 8:15 o'clock in the evening, Tickets for the series may be obtained at Hellstern's, Miller & Rhoads and the Nowlan Company, and the principals of the various schools will

Does Your Food Taste Good?

Is Your Appetite All Right?

When your food does taste good you may be sure that your health is good; that your blood is rich, free from scrofula, eczema, rheumatism,

If a mild laxative is needed, take Hood's Pills; if an active cathartic more Hood's Pills. They give entire

Satisfaction.—Adv.

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How Mastin's Yeast Vitamon Tablets Give You That Firm Flesh "Pep"

Strengthen the Nerves and Invigorate the Body—Easy and Economical to Take—Results Quick.

To at once put some firm, healthy, "stay-their" flesh on your bones, increase energy and nerve force and clear your skin and complexion, simply try taking two of Mastin's Yeast VITAMON Tablets with each meal and watch results.

Mastin's VITAMON Tablets contain highly concentrated yeast-vitamines as well as the two other



clear skin and a keen, active brain. They will not upset the stomach or cause that bloated feeling, but, on the contrary, are a great aid in overcoming indigestion or chronic constipation.



If you are thin, sunken cheeked, hollow chested, rindown, and underweight you will find this simple test well worth trying: First weigh yourself and measure yourself. Next take Mastin's VITAMON—two tablets with each meal. Then weigh and measure

yourself again each week and continue taking Mastin's VITAMON regularly until you are satisfied with your gain in weight and energy. Mastin's VITAMON Tablets are easy and economical to take—they are in no way distasteful—they will not upset the stomach.

and they also keep indefinitely. So remarkable are the benefits from these highly concentrated tablets that entire satisfaction is absolutely guaranteed or the small amount you pay for the trial will be promptly refunded.

If You Want That Firm Flesh "Pep" and Stamina Which Make Winning Warriors of the Gridiron—Just Try Taking Two of Mastin's VITAMON Tablets With Every Meal for a Short Time and Watch the Truly Amazing Results.

Be Sure to Remember the Name
— Mastin's VITAMON — the
Original and Genuine Yeast-
Enriched Tablets. They are

**MASTIN'S
VITAMON**

Are Positively Guaranteed to
Put on Firm Flesh, Clear the
Skin.

vitamine tablet. There is Nothing Else Like It, so do not Accept Imitations or Substitutes.

THE ORIGINAL AND GENUINE

VITAMIN
TABLETS

YEAST VITAMINE TABLET

Skin and Increase Energy When Taken With Every Meal, or Money Back.

if it isn't MASTIN'S it isn't VITAMON